

OUR DISHES CARBON FOOTPRINT

Because food has a key role in our impact on the environment, we have chosen to display the carbon footprint of our soups, salads and dishes.

A simple colour code guides you to better understand their impact, from lowest to highest.

● **Low CO₂ emissions: less than 1 kg, for a light treat**

- Pumpkin soup – 0,15 kg CO₂ EQ
- Onion soup – 0,25 kg CO₂ EQ
- Caesar salad – 0,58 kg CO₂ EQ
- Poke bowl de truite – 0,58 kg CO₂ EQ
- Vegetable risotto – 0,95 kg CO₂ EQ

● **Average CO₂ emissions: 1 to 3 kg, a balance between flavour and impact**

- Murgat fario trout fillet & Génépi espuma – 1,08 kg CO₂ EQ
- Iberian pork pluma – 1,16 kg CO₂ EQ
- Creamy risotto – 2,17 kg CO₂ EQ

● **High CO₂ emissions: over 3 kg for generous dishes**

- Beef tartare – 5,56 kg CO₂ EQ
- Boneless rib-eye steak – 9 kg CO₂ EQ
- Smash burger – 5,21 kg CO₂ EQ
- Chicken supreme & forest sauce – 3,5 kg CO₂ EQ

The carbon footprint estimates shown on this menu are based on two reference sources. 1- ADEME, via its Impact CO₂ tool dedicated to food. 2- Open Food Facts, a collaborative database on food products.

Want to find out more?

This initiative is part of a global approach to greater sustainability. To find out more about our actions, choices and vision, visit the 'Our commitments' page on our website. Everything is explained clearly and transparently.



Any questions or suggestions?

We can be reached at contact@paradis-larosiere.com for any questions or comments regarding our approach.